

NOTIFICATION

GYM PROTOCOL

Open for use as of 1:00 P.M. September 13, 2019

All persons using the gym do so at their own risk. Legends of Cornerstone Inc. accepts no liability for any harm or loss suffered in connection with the gym.

- Do not engage in any activity that involves forceful impact against walls or floors. For example, do not drop free weights.
- Installed gym equipment shall be of a type that is appropriate to a residential condominium gym, with regard to building noise transmission and the diversity of the residents. In this regard, it is acknowledged that the gym is not a commercial gym, nor does it serve only body-builders.
- Return free weights to rack when done. Do not remove any equipment from the gym.
- The Fitness Centre is for the use of residents and their guests only. Residents are responsible for their guests, and must accompany their guests at all times.
- Please wipe down equipment after use.
- If you see something that is potentially unsafe, or which needs maintenance, please advise services@trumanhomes.com
- If you see any activity in the gym that makes you uncomfortable, immediately report it to services@trumanhomes.com
- No one under the age of 18 is permitted to use the gym unless accompanied by an adult.
- No pets.
- No outdoor footwear. Proper gym attire only. For example, bare feet, sandals and wet bathing suits prohibited.
- Keep televisions to a reasonable volume, turn off when done.
- Be courteous when using equipment. Alternate sets when someone else may wish to use machine.
- Please use a towel when sitting or lying on equipment/mats.
- No alcohol. No glassware or other breakable items.
- Please consult with your physician or other qualified professional regarding the use of gym equipment or engaging in physical activity.
- Do not use the gym while under the influence of drugs or alcohol.
- These premises are monitored by 24hr video surveillance

Breach of these rules may result in loss of gym privileges.

Sincerely,
Legends of Cornerstone
